

An abstract artwork featuring vibrant washes of blue, green, orange, and red, overlaid with a dense network of black ink lines that create a sense of movement and depth. The composition is dynamic, with the lines and colors flowing across the frame.

In God's Image

Genesis 1:27

June 6-9, 2024 – Winnipeg, MB
Hilton Winnipeg Airport Suites

2024 CMDA
CFCPS
JOINT NATIONAL
CONFERENCE

CONFERENCE SCHEDULE

Thursday, June 6, 2024

7:00 - 9:00 pm Conference Registration & Welcome Reception - Lancaster

Friday, June 7, 2024

7:45 - 8:45 am Breakfast - Stevenson Ballroom

8:45 - 9:15 am Welcome & Singing - Stevenson Ballroom

9:15 - 10:00 am Plenary Session #1 - Dr. Margaret Cottle

10:00 - 10:45 am Group Link and Plenary Q & A

10:45 - 11:15 am Refreshment Break

11:15 am - 12:30 pm Workshops (several options)

12:30 pm - 12:50 pm CMDA AGM Sign In & Lunch pick-up - Stevenson Ballroom

12:50 - 2:00 pm AGM - Stevenson Ballroom

2:00 - 3:45 pm CFCPS Business Meeting - Stevenson Ballroom

3:45 - 4:00 pm Refreshment Break

4:00 - 4:45 pm Advocacy and Conscience Update - Larry Worthen

4:45 - 7:00 pm Free Time

7:00 - 9:00 pm Student & Resident Q & A - Lancaster

Saturday, June 8, 2024

7:45 - 8:45 am Breakfast - Refectory

8:45 - 9:15 am Welcome & Singing - Stevenson Ballroom

9:15 - 10:00 am Plenary Session #2 - Dr. Tim Ehmann

10:00 - 10:45 am Group Link and Plenary Q & A

10:45 - 11:15 am Refreshments Break

11:15 am - 12:30 pm Workshops (several options)

12:30 - 2:00 pm Lunch - Stevenson Ballroom

2:00 - 3:15 pm Workshops (several options)

3:15 - 3:45 pm Refreshment Break

3:30 - 4:30 pm CMDA in the Next Generation - Lancaster

4:30 - 6:00 pm Free Time

6:00 pm Celebration Banquet - Stevenson Ballroom

Sunday, June 9, 2024

7:45 - 8:45 am Breakfast - Stevenson Ballroom

8:45 - 10:00 am Worship, Prayer & Welcome - Stevenson Ballroom

10:00 - 10:45 am Plenary Session #3 - Dr. Stewart Wakeman

10:45 - 11:30 am Group Link and Plenary Q & A

11:30 am - 12:00 pm Closing Announcements & Blessing

(Due to unforeseen circumstances, program changes may occur)

WELCOME TO THE 2024 CMDA CANADA & CFCPS JOINT NATIONAL CONFERENCE

As President of CMDA Canada, I welcome you on behalf of the entire CMDA Canada Board of Directors. We are grateful for the opportunity to gather the members of CMDA Canada, CFCPS, and our guests.

This joint conference takes on the theme of “In God’s Image”. As doctors, dentists, healthcare professionals, and those with a mission to care for others, we will consider how we offer patient-centred care, while also acknowledging the source of each person’s dignity. Through our plenary presentations from Dr. Margaret Cottle, Dr. Tim Ehmann, and Dr. Stewart Wakeman, we will be encouraged and challenged to consider how to integrate our faith more fully in our practice.

On behalf of CMDA Canada’s membership and the Board of Directors, I offer thanks to the Conference Planning Committee and the staff of both CMDA Canada and CFCPS for their diligent work preparing this conference.

I pray that through this joint conference, we will be engaged, encouraged, and equipped for our mission to provide patient-centred care that reflects God’s love for us and our patients.

In Christ,

Dan Reilly, MD
President, Christian Medical and Dental Association of Canada

*So God created mankind in his own image, in the image of
God he created them; male and female he created them.
Genesis 1:27*

Welcome to this year’s combined CMDA/CFCPS conference! I am sure it will be a fruitful weekend of encounter and encouragement. These days, identity is increasingly being defined by external characteristics and many seem to be asking who they really are. The truth that we are all Made In God’s Image is worthy of our reflection, and indeed our great gratitude.

Christians have always recognized this profound, universal reality and it has informed the Church’s desire to reach out to the poor, the marginalized and the vulnerable. Perhaps for many of us, this recognition inspired our pursuit of medicine as we sought to affirm the dignity of those in our care. What a privilege it is to care for our Lord as we serve those He sends us!

We are incredibly grateful to all those who have worked tirelessly to prepare this conference and for the warm welcome the Federation has always enjoyed from CMDA Canada and its members.

Thank you for being here, for your witness in your professional life and for the light you share with those around you,

Rebecca Genuis, MD
Outgoing President, Canadian Federation of Catholic Physicians and Societies



Dr. Margaret Cottle



Dr. Timothy Ehmann



Fr. Christian Mutombo



Dr. Stewart Wakeman

PLENARY SPEAKERS

Dr. Margaret Cottle is a Palliative Care physician in greater Vancouver, BC, working in Home Hospice Programs, and is a clinical assistant professor at the University of BC medical school. She speaks internationally about end of life issues and palliative care and addressed members of the Canadian Parliament in 2006 and 2017. Dr. Cottle and her husband, Dr. Robin Cottle, an ophthalmologist, sponsor the UBC student chapter of the CMDA Canada, hosting the students weekly for dinner and discussions.

Dr. Tim Ehmann is a Child and Adolescent Psychiatrist residing in the Calgary region. He was trained at the University of Saskatchewan where he obtained his medical degree in 2008 and subsequently completed his psychiatry residency training in 2013. Dr. Ehmann has provided both inpatient and outpatient psychiatric care to children, youth and families over the past 10 years. Currently residing in Alberta, he supports outpatient community mental health services in the Rural South regions of Alberta Health Services. He also provides psychiatric care to adolescents and young adults with intellectual disabilities and autism.

Fr. Christian Mutombo was born in the Democratic Republic of Congo and has been living in Canada since 2014. He came to Canada with a bachelor's degree in philosophy. He spent 8 months studying English at Culture-Work via Saint Peter's Seminary and Western University (Ontario), where he holds a Master of Divinity degree. For the past five years, he has been the master of ceremonies at the Archdiocese of Saint-

Boniface, and for the past three years, he has been the parish priest at Saints Martyrs Canadiens. Father Mutombo is currently pursuing a Licentiate in Liturgy and Sacraments via the Catholic University of Paris.

Dr. Stewart Wakeman is a semi-retired psychiatrist who was born and raised in Winnipeg, graduating from the University of Manitoba with an MD in 1981. He went on to achieve a CCFP in 1983 and FRCPC in psychiatry in 1993. His career has been for the most part in community psychiatry and community mental health with a special interest and perspective in psychiatric rehabilitation, post-traumatic disorders, addiction psychiatry, spirituality and mental health, and adult neurodevelopmental disorders. His non-work interests are creating art through watercolours, oil pastels, and coloured pencils, playing guitar, and hiking with his wife Sandra and their 3 grown children.

Larry Worthen is a graduate of Dalhousie Law School (1981) who had a career in management in the not-for-profit sector and Nova Scotia Department of Justice. He is a trained facilitator, adult educator, and mediator. Larry is married to Dr. Linda Gagnon and resides in Dartmouth, Nova Scotia. He is an ordained deacon in the Catholic Church. In May of 2013, he graduated from the Atlantic School of Theology with his MA in Theology and Religious Studies. His thesis outlines the role of proclamation in the New Evangelization. He has been the Executive Director of CMDA Canada since 2012. Larry and Linda have two children, six grandsons and two granddaughters.

PLENARY SESSIONS

PLENARY 1: PATIENT-CENTRED CARE: DIGNITY THERAPY

MARGARET COTTLE

Attendees will be able to:

- Understand the basis for Dignity Therapy in patient care.
- Explore how they can apply the principles of Dignity Therapy to medical or dental practice.

GroupLink Questions

1. What are the challenges to patient perceptions of dignity in medical and dental practice?
2. How can you apply the principles of dignity therapy in medical and dental practice?

PLENARY 2: PATIENT-CENTRED CARE: IDENTITY AND CARE

TIM EHMANN

Attendees will be able to:

- Discuss the delivery of mental health services for patients experiencing gender dysphoria.
- Reflect on applications of patient-centred care for patients experiencing gender dysphoria.

GroupLink Questions

1. What are the challenges presented by patient perceptions of identity in medical and dental

practice?

2. What are ways that we can remind patients that they are made in God's image?

PLENARY 3: TRAUMA-INFORMED CARE

STEWART WAKEMAN

Attendees will be able to:

- Discuss how recurrent trauma changes the central nervous system.
- Explore the importance of moments of attunement to Christ in a consultation or treatment.

GroupLink Questions

1. How has patient trauma impacted your ability to provide care?
2. What are ways that we can be attuned to Christ to improve patient care?

SPECIAL PRESENTATION: ADVOCACY AND CONSCIENCE UPDATE

LARRY WORTHEN

Attendees will be able to:

- Understand the status of CMDA Canada's advocacy and conscience work.
- Gain strategies to continue to advocate for patient-centred care.

QUESTIONS FOR THE PLENARY SPEAKER?

Submit them online using the Slido App or website or vote for questions you want to have asked!

Slido Page

bit.ly/24CMDACFCPS



Slido app event code
#7872506

CELEBRATION BANQUET: IN GOD'S IMAGE

FR. CHRISTIAN MUTOMBO

Attendees will be able to:

- Acknowledge the source of our dignity as humans.
- Understand the importance for patient care to be centred in an acknowledgement of the patient's unassailable dignity.

WORKSHOPS

A. BEING A GOOD DOCTOR OR BEING A GREAT DOCTOR

LARRY REYNOLDS

Attendees will be able to:

- Reflect on their care strategies and patient interactions.
- Gain strategies to improve the quality of their patient care.

B. BURNOUT, BOUNDARIES, AND BELIEF

PANEL

Attendees will be able to:

- Discuss strategies to avoid or mitigate burnout.
- Gain insights into how to find balance in life and practice.

C. STRESS IN DENTISTRY

PANEL

Attendees will be able to:

- Discuss the sources of stress in dental practice.
- Reflect on strategies to identify and mitigate stress in practice.

D. PATIENT-CENTRED CARE: HUMAN TRAFFICKING

KIELY WILLIAMS

Attendees will be able to:

- Discuss strategies to identify patients who are at risk of experiencing human trafficking.
- Discuss ways to care for patients who are experiencing human trafficking.

E. PATIENT CARE IN UNDERSERVED AREAS

SAMARITAN'S PURSE & MERCY SHIPS

Attendees will be able to:

- Gain knowledge about medical and dental missions in underserved areas.
- Connect with further information regarding medical dental missions.

F. MEDIA LITERACY AND SPEAKING TRUTH IN ONLINE SPACES

STÉPHANIE POTTER

Attendees will be able to:

- Reflect on their role as healthcare professionals in online media.
- Gain tools for more productive dialogue in online spaces.

G. CRUCIAL CONVERSATIONS WITH COLLEAGUES AND PATIENTS

MELISSA MCCONVILLE & LARRY WORTHEN

Attendees will be able to:

- Explore opportunities to share our faith with colleagues and patients.
- Discuss the boundaries of professional and ethical responsibilities.

FRIDAY WORKSHOPS

WORKSHOP	PRESENTER	ROOM
H	Kwok	Stevenson A
G	Worthen/McConville	Stevenson B
D	Williams	Stevenson C
I	Genuis	Lancaster

SATURDAY MORNING WORKSHOPS

WORKSHOP	PRESENTER	ROOM
A	Reynolds	Stevenson A
E	Panel	Stevenson B
J	Ehmann/Williams	Stevenson C
B	Panel	Lancaster

H. DIGNITY THERAPY & PALLIATIVE CARE

JUDITH KWOK

Attendees will be able to:

- Discuss applications of Dignity Therapy in patient care.
- Collaboratively explore patient-centred care in palliative care settings.

I. PATIENT-CENTRED CARE: INFERTILITY CARE

REBECCA GENUIS

Attendees will be able to:

- Explore pre-conception care and ways to seek the root causes of infertility.
- Discuss patient-centred care for patients experiencing infertility.

J. PATIENT-CENTRED CARE: GENDER DYSPHORIA & TRANSGENDER ISSUES

TIM EHMANN & KIELY WILLIAMS

Attendees will be able to:

- Discuss patient-centred care for patients experiencing gender dysphoria.
- Explore strategies and patient-centred care.

FILL OUT YOUR CONFERENCE EVALUATION

Your evaluation will assist us
in improving our
programming now and in the
future.

Evaluation Form

[https://cmdacanada.org/event/
2024-conference-evaluation/](https://cmdacanada.org/event/2024-conference-evaluation/)



SATURDAY AFTERNOON WORKSHOPS

WORKSHOP	PRESENTER	ROOM
G	Worthen/McConville	Stevenson A
C	Panel	Stevenson B
J	Ehmann/Williams	Stevenson C
F	Potter	Lancaster

OTHER SESSIONS

SESSION	TIME	ROOM
CMDA in the Next Generation	Sat June 8, 3:30pm	Lancaster
Medical Student & Resident Q & A	Fri June 7, 7:00pm	Lancaster

BOOKSTORE & EXHIBITORS - STEVENSON D

We are grateful to once again be joined by Hull's Family Bookstore, a local Christian bookstore with locations in both Winnipeg and Steinbach. They will be hosting our Conference Bookstore in Stevenson D (alongside our Exhibitors) and will have a selection of relevant books and other goods. For our Winnipeg and Steinbach area folks, please be sure to visit their shop or read more about them at www.hullsbookstores.com.

Bookstore hours are:

Friday: 7:45 am - 5:00pm

Saturday: 7:45 am - 4:00 pm

In addition, Exhibitors from across Canada have joined us for the CMDA & CFCPS Joint National Conference. The exhibitors represent mission organizations, special projects, and member groups. Please make time to visit the Exhibitor Displays during the Conference.

PRAYER, PRAISE, AND WORSHIP

Our music and worship are being led by Drs. Robin and Margaret Cottle and their talented Worship Team, "Joyful Noise". We thank them for their gift of service and talent. Through their ministry, we are able to worship the Father, through the Son, in the presence of the Holy Spirit.

On Sunday morning beginning at 8:45am, our Worship Team will be leading us in communal prayer and worship. The music and prayers cover various styles and traditions and speak beautifully to the faithful love of Christ. If you have a specific prayer request you would like to have included in Sunday's worship, please write it down and pass it to Margaret Cottle before the Saturday night banquet.

CATHOLIC MASS & DEVOTIONALS

THURSDAY JUNE 6TH

- Mass
St. Patrick's Church - 6:00 pm
172 Worth St

FRIDAY JUNE 7TH

- Mass (Celebrant Bishop Bittman)
St. Ann's Church - 7:00 am
271 Hampton St
Meet in hotel lobby at 6:45 am to carpool.
- Rosary walk + Time for Confessions
Lancaster Room - 5:00-7:00 pm

SATURDAY JUNE 8TH

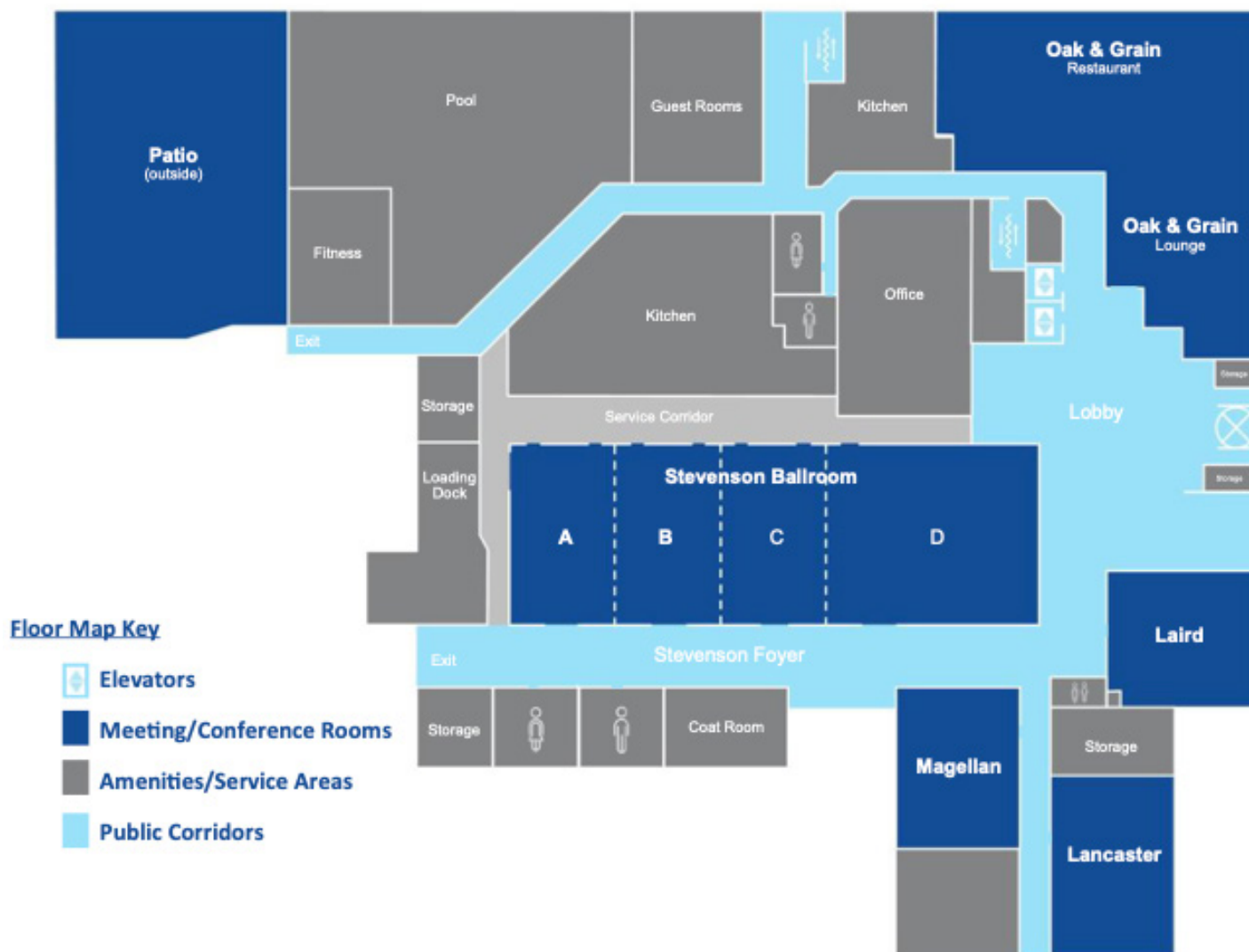
- Mass (Celebrant Bishop Bittman)
St. Ann's Church - 7:00 am
271 Hampton St
Meet in hotel lobby at 6:45 am to carpool.

SUNDAY JUNE 9TH

- Mass (Celebrant Bishop Bittman)
St. Boniface Cathedral - 8:00 am
180 de la Cathédrale Ave
Meet in hotel lobby at 7:30 am to carpool.

CONFERENCE AREA MAP

Our entire Conference is being held exclusively on the lobby floor of the hotel. This means you should be able to make your way easily to different rooms for your meals, workshops, plenaries and other gatherings. The map below should help you find your way to the various rooms, but don't hesitate to ask our staff, who will be stationed at the Information Table in the Stevenson Foyer, for assistance.



CMDA IN THE NEXT GENERATION - LANCASTER

This special discussion time is a visioning session with the members of CMDA Canada. Following up on last year's insightful session in Toronto, we will offer follow up with discussions on how we can better engage, encourage, and equip members through our Chapters. The insights provided in these sessions help to shape the future of CMDA Canada.

LEARN MORE AT WWW.CMDACANADA.ORG/JOIN

TOP 5 REASONS TO JOIN CMDA

1. BE PART OF A NATIONAL MOVEMENT
2. ACCESS TO TOOLS AND RESOURCES
3. INFLUENCE NATIONAL CONVERSATIONS
4. SUPPORT CAMPUS MINISTRY
5. MAKE AN IMPACT IN THE GLOBAL COMMUNITY



**FIRST YEAR
FREE FOR
STUDENTS**



**Join
CFCPS**



**CANADIAN FEDERATION
OF CATHOLIC PHYSICIANS & SOCIETIES**
**FÉDÉRATION CANADIENNE
DES SOCIÉTÉS ET MÉDECINS CATHOLIQUES**



Are you passionate about integrating your faith with your medical practice? Join the Canadian Federation of Catholic Physicians' Societies (CFCPS) to promote the teachings of the Roman Catholic Church in healthcare, influence public policy on medical ethics, and support the growth of Catholic physicians in Canada.

Depending on your affiliate level, some of the perks you may enjoy are:

- Discounted Registration on our annual conference
- VIP Reception and Gift at the annual conference
- Direct Consultation with the president or executive
- Invitations to Educational Events such as our "Contentious Conversations" webinars

Join us in fostering ethical medical practices and professional development. We look forward to welcoming you to the CFCPS community.

WWW.CANADIANCATHOLICPHYSICIANS.COM

and if not, God is Still Good

Daniel 3:16-18

June 5-8, 2025
Heritage College and Seminary
Cambridge, ON

REGISTER

WWW.CMDACANADA.ORG/EVENT/2025CONFERENCE

Join us in Cambridge, ON June 5-8, 2025

We are pleased to announce that our 2025 National Conference will be held in Cambridge, ON at Heritage College and Seminary. As we face increasing challenges to the heart of healthcare in Canada, we turn to the Lord, declaring "He is still good"! No matter the outcome of all our work and striving, God offers us a reason to hope.



We will be joined by Dr. Kristin Collier, MD, FACP, an associate professor of Internal Medicine at the University of Michigan in Ann Arbor, where she serves as the director of the Health, Spirituality, and Religion Program at the medical school. Her academic interests are in the overlap of spirituality, religion, and medicine. Dr. Collier will speak to the heart of healthcare and direct our eyes to Christ even in the midst of challenges. We look forward to seeing you in Cambridge in 2025!

Registration for the 2025 Conference is open now at www.cmdacanada.org/event/2025conference.

ABOUND IN HOPE

Canadian Federation of Catholic Physicians and Societies
16th Annual Conference

Montreal May 30th - June 1st 2025



Hosted by the Jérôme Lejeune Association of
Catholic Physicians of Montreal

